



"In every community there is work to be done. In every nation, there are wounds to heal. In every heart there is the power to do it." -- Marianne Williamson

### Sister City Association of KC Volunteer Hours Ambassador Award Program

Sister City Association is built by and around volunteers that make the Association what it is. In late 2005, the Board passed a motion to better recognize all the efforts that go into making SCAKC the successful Association that it is. One of these items for recognition of volunteer efforts is the "Volunteer Hours Ambassador" pin. A second way of recognizing these efforts will be "Volunteer Awards" to be presented during the Awards portion of the SCAKC annual dinner.

"Everyone can be great because anyone can serve. You don't have to have a college degree to serve. You don't even have to make your subject and your verb agree to serve... You only need a heart full of grace. A soul generated by love..." -- Dr. Martin Luther King, Jr.

#### Program Basics:

At each Board Meeting for SCAKC In Kind tracking and Volunteer Hours forms will be distributed. These forms can also be downloaded from [www.KCSisterCities.org](http://www.KCSisterCities.org) on the "Member Login" section of the website.

Completed forms can be turned into the SCAKC acting Secretary at each Board Meeting or mailed to SCAKC at the address below.

Volunteer hours will be tracked throughout the year (November to October) and during the Annual Dinner Awards program Awards, Pins, and Bars will be provided to those individuals, committees and projects with the greatest number of volunteer hours for the year.

"How wonderful it is that nobody need wait a single moment before starting to improve the world." -- Anne Frank

Volunteer Hours Pins and Hours Bars highlight those special individuals accumulating specific "blocks" of time. The pins and corresponding bars are as follows:

Volunteer Hours Pin awarded at 100 hours or recorded time.  
Each additional Bar represents an additional 200 hours of time.

"Never before has man had such a great capacity to control his own environment, to end hunger, poverty and disease, to banish illiteracy and human misery. We have the power to make the best generation of mankind in the history of the world." -- President John F. Kennedy

Seville  
Spain  
1967

Kurashiki  
Japan  
1972

Morelia  
Mexico  
1973

Freetown  
Sierra Leone  
1974

Tainan  
Taiwan  
1978

Xi'an  
China  
1989

Guadalajara  
Mexico  
1991

Hannover  
Germany  
1993

Port Harcourt  
Nigeria  
1993

Arusha  
Tanzania  
1995

San Nicolas  
de los Garza  
Mexico  
1997

Ramla  
Israel  
1998

Metz  
France  
2004